

DAFTAR ISI

KATA PENGANTAR	Error! Bookmark not defined.
DAFTAR ISI	ii
DAFTAR GAMBAR	v
DAFTAR SKEMA	vi
DAFTAR TABEL	vii
DAFTAR SINGKATAN	8
BAB I	Error! Bookmark not defined.
PENDAHULUAN	Error! Bookmark not defined.
A. Latar Belakang	Error! Bookmark not defined.
B. Identifikasi masalah	Error! Bookmark not defined.
C. Rumusan Masalah	Error! Bookmark not defined.
D. Tujuan Penelitian	Error! Bookmark not defined.
1. Tujuan Umum.....	Error! Bookmark not defined.
2. Tujuan Khusus.....	Error! Bookmark not defined.
E. Manfaat Penelitian	Error! Bookmark not defined.
1. Bagi Penulis.....	Error! Bookmark not defined.
2. Bagi Teman Sejawat Fisioterapi.....	Error! Bookmark not defined.
3. Bagi Masyarakat.....	Error! Bookmark not defined.
4. Bagi ilmu pengetahuan.....	Error! Bookmark not defined.
BAB II	Error! Bookmark not defined.
KERANGKA TEORI DAN HIPOTESIS	Error! Bookmark not defined.
A. Kerangka Teori	Error! Bookmark not defined.
1. Problem Keseimbangan/Kontrol Postural Pada Pasien Stroke Hemiparesis. Error! Bookmark not defined.	
2. Stroke.....	Error! Bookmark not defined.
3. <i>Foot Core Stability</i>	Error! Bookmark not defined.
4. <i>New Bobath Concept</i>	Error! Bookmark not defined.
5. <i>Functional Reach Test</i>	Error! Bookmark not defined.
B. Kerangka Berpikir	Error! Bookmark not defined.
C. Skema kerangka berpikir	Error! Bookmark not defined.
D. Kerangka Konsep	Error! Bookmark not defined.

E. Hipotesis	Error! Bookmark not defined.
BAB III	Error! Bookmark not defined.
METODE PENELITIAN	Error! Bookmark not defined.
A. Tempat dan Waktu	Error! Bookmark not defined.
1. Tempat Penelitian	Error! Bookmark not defined.
2. Waktu penelitian.....	Error! Bookmark not defined.
B. Metode Penelitian	Error! Bookmark not defined.
1. Kelompok Perlakuan.....	Error! Bookmark not defined.
2. Kelompok Kontrol	Error! Bookmark not defined.
C. Populasi dan Sampel	Error! Bookmark not defined.
D. Instrumen Penelitian	Error! Bookmark not defined.
1. Variabel Penelitian.....	Error! Bookmark not defined.
2. Definisi Konseptual	Error! Bookmark not defined.
3. Definisi Operasional	Error! Bookmark not defined.
E. Teknik Analisis Data	Error! Bookmark not defined.
1. Uji persyaratan Analisis	Error! Bookmark not defined.
2. Uji Hipotesis	Error! Bookmark not defined.
BAB IV	Error! Bookmark not defined.
HASIL PENELITIAN	Error! Bookmark not defined.
A. DESKRIPSI DATA	Error! Bookmark not defined.
1. Gambaran umum sampel.....	Error! Bookmark not defined.
2. Hasil Pengukuran Keseimbangan Berdiri dengan <i>Functional</i>	Error!
Bookmark not defined.	
<i>Reach Test/FRT</i>	Error! Bookmark not defined.
a. Kelompok Kontrol.....	Error! Bookmark not defined.
b. Kelompok Perlakuan.....	Error! Bookmark not defined.
B. UJI PERSYARATAN ANALISIS	Error! Bookmark not defined.
1. Uji Normalitas Distribusi (<i>Shapiro wilk test</i>)	Error! Bookmark not defined.
2. Uji Homogenitas (<i>Lavene's test</i>).....	Error! Bookmark not defined.
C PENGUJIAN HIPOTESIS	Error! Bookmark not defined.
1. Uji Hipotesis I.....	Error! Bookmark not defined.
2. Uji Hipotesis II.....	Error! Bookmark not defined.
3. Uji Hipotesis III	Error! Bookmark not defined.

BAB V.....	Error! Bookmark not defined.
PEMBAHASAN.....	Error! Bookmark not defined.
A. Hasil Penelitian.....	Error! Bookmark not defined.
1. Ada peningkatan keseimbangan berdiri pada kelompok kontrol.....	Error!
Bookmark not defined.	
dengan intervensi metode konvensional.	Error! Bookmark not defined.
2. Ada peningkatan keseimbangan berdiri pada kelompok perlakuan.	Error!
Bookmark not defined.	
3. Ada perbedaan antara kelompok perlakuan dan kelompok kontrol	
dalam peningkatan keseimbangan berdiri pasien stroke hemiparesis ...	Error!
Bookmark not defined.	
B. Keterbatasan Selama Penelitian.....	Error! Bookmark not defined.
BAB VI.....	Error! Bookmark not defined.
KESIMPULAN DAN SARAN	Error! Bookmark not defined.
A. Kesimpulan.....	Error! Bookmark not defined.
B. Saran	Error! Bookmark not defined.
DAFTAR PUSTAKA.....	Error! Bookmark not defined.
LAMPIRAN	Error! Bookmark not defined.
Lampiran 1	Error! Bookmark not defined.
Lampiran 2	Error! Bookmark not defined.
Lampiran 3	Error! Bookmark not defined.
Lampiran 4	Error! Bookmark not defined.
Lampiran 5	Error! Bookmark not defined.
Lampiran 6	Error! Bookmark not defined.

DAFTAR GAMBAR

Gambar 2. 1 Fluktuasi COP berdiri statis pada anjing, kucing, dan manusia.....	11
Gambar 2.2 Perbandingan body sway pada kondisi sensorik (A) gangguan vestibular (B) gangguan somatosensory.....	12
Gambar 2. 3 Perubahan dalam postural sway.....	14
Gambar 2. 4 Asimetri alignment dan stability limits pada pasien stroke	16
Gambar 2. 5 <i>Sequencing</i> abnormal pada anak dengan hemiplegia	18
Gambar 2. 6 Respon EMG pada otot gastrocnemius dan hamstring.....	19
Gambar 2. 7 EMG Gastrocnemius dan indeks kemampuan adaptasi	20
Gambar 2. 8 Gambar autopsi otak stroke	22
Gambar 2. 9 Stroke haemoragik.....	24
Gambar 2. 10 Stroke iskemik	25
Gambar 2. 11 Anatomi dan fungsi otak.....	27
Gambar 2. 12 <i>Foot core sytem</i>	36
Gambar 2. 13 <i>Functional half dome</i>	36
Gambar 2. 14 Plantar fascia ligamen.....	37
Gambar 2. 15 Gambar otot intrinsik kaki.....	38
Gambar 2.16 Gambar MBCP.....	42
Gambar 2.17 Stimulasi sensorik untuk kaki.....	47
Gambar 2.18 Fasilitasi otot-otot intrinsik kaki.....	48
Gambar 2.19 <i>Strengthening</i> dan <i>realignment talocrural joint</i>	48
Gambar2.20 Fasilitasi <i>ankle strategy</i>	49
Gambar2.21 Jangka waktu neuroplastisitas.....	50
Gambar 3.1 <i>Functional reach test</i>	64

DAFTAR SKEMA

Skema 2.1 : Kerangka Berpikir ICF	
.....	Error! Bookmark not defined.
Skema 2.2 : Kerangka Konsep.....	57
Skema 3.1 : Skema Metode Kelompok Perlakuan	
.....	Error! Bookmark not defined.
Skema 3.2 : Metode Kelompok Kontrol	
.....	Error! Bookmark not defined.

DAFTAR TABEL

Tabel 2.1 Tabel perbedaan <i>symptome</i> stroke kortikal dan subkortikal.....	32
Tabel 2.2 <i>Functional qualities of the intrinsic foot muscles</i>	39
Tabel 4.1 Distribusi Sampel Berdasar Jenis Kelamin.....	69
Tabel 4.2 Distribusi Sampel Berdasar Nilai NIHSS.....	69
Tabel 4.3 Nilai Keseimbangan Berdiri Sebelum dan Sesudah Intervensi Dengan <i>FRT</i> Kelompok Kontrol.....	70
Tabel 4.4 Nilai Keseimbangan Berdiri Sebelum dan Sesudah Intervensi Dengan <i>FRT</i> Kelompok Perlakuan.....	71
Tabel 4.5 Hasil Uji Normalitas Nilai <i>FRT</i>	72
Tabel 4.6 Hasil Uji Homogenitas Nilai Keseimbangan Berdiri Dengan <i>FRT</i>	73
Tabel 4.7 Nilai <i>FRT</i> Uji Hipotesis I dan II.....	74
Tabel 4.8 Nilai <i>FRT</i> Hipotesis III.....	76

DAFTAR SINGKATAN

WHO	: <i>World Health Organization</i>
PNF	: <i>Proprioceptive Neuromuscular Facilitation</i>
CVA	: <i>Cerebrovascular Accident</i>
PSA	: <i>Pendarahan Subaraknoid</i>
AVM	: <i>Arteri Venosus malformation</i>
PIS	: <i>Pendarahan Intra Serebral</i>
TIA	: <i>Transient Ischemic Attack</i>
SSP	: <i>Sistem Saraf Pusat</i>
CNS	: <i>Central Nervous System</i>
LGS	: <i>Lingkup Gerak Sendi</i>
ADL	: <i>Activities of Daily Living</i>
FRT	: <i>Functional Reach Test</i>
GRF	: <i>Ground Reaction Force</i>
MRP	: <i>Motor Relearning Programme</i>
BOS	: <i>Base of Support.</i>
COG	: <i>Centre of Gravity</i>
COM	: <i>Centre of Mass</i>
WBA	: <i>Weight Bearing Asymmetry</i>
AFO	: <i>Ankle Foot Orthosis</i>
EMG	: <i>Elektromiografi.</i>
CP	: <i>Cerebral Palsy</i>
TD	: <i>Typical Development</i>
MBCP	: <i>Model Bobath Clinical Practic</i>